



NIKE FOOTBALL CAMPS



TOTAL FOOTBALL. 6 NIGHTS. CHARTERHOUSE.

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING	BREAKFAST						
	REGISTRATION	Football COACHING	Football COACHING	Football COACHING	CHELSEA FC Training Centre	STAMFORD BRIDGE	DEPARTURE
AFTERNOON	LUNCH						
	Football Intro	Free Time	Free Time	Free Time			
		Recovery Swimming	Recovery Yoga	Recovery Stretching			
Sport WORKSHOP		Sport WORKSHOP	Sport WORKSHOP				
DINNER							
EVENING	Welcome PRESENTATION	Football COACHING	Football COACHING	Football COACHING	Football AWARDS	Evening Activity	
	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	Players' Lounge	

Timetable may be subject to change